

Weekly Task

Aug Week 1



World Lung Cancer Day: Breathing for Life

Objective:

To develop students' reading, observation, and inquiry skills by exploring lung health and the science of the respiratory system while strengthening independent use of the Britannica Library.



Students will:

- Understand the basic anatomy of the respiratory system and its role in health
- Identify environmental and lifestyle factors that affect lung function
- Use Britannica Library to find evidence-based facts about cell health and prevention
- Organise and present health-focused information for their peers

Skills & Values:

Core Values

- Curiosity about the body
- Self-care and healthy habits
- Respect for nature and living beings

Key Skills

- Observation and identification
- Early reading and vocabulary building
- Fine motor skills

Introduce the Weekly Theme / Genre:

Begin with a class discussion:

- Which part of our body helps us take in air?
- What happens if our lungs are not healthy?

Explain that World Lung Cancer Day is observed on 1st August to spread awareness about lung health and the importance of taking care of our lungs.

Suggested Activities by Grade Band

Grades I & II

- Students begin by reading age-appropriate articles from the Britannica Library to understand how our lungs work and why they are important. Encourage them to read carefully and discuss key ideas.
- Students explore topics such as:
 - Lungs (what lungs are and how they help us breathe)
 - Breathing process (inhaling and exhaling)
 - Healthy habits for lungs (exercise, fresh air)
- Students draw:
- A simple picture of lungs / a person breathing
- One activity that keeps their lungs healthy (e.g., playing, running, breathing fresh air)



Name: _____

Date: _____

Junior Journal

Today's prompt: _____

Write and draw.

Handwriting practice lines consisting of four sets of three horizontal lines (top solid, middle dashed, bottom solid) with a red margin line on the left.

