



Britannica
EDUCATION

Weekly Task

October: Week 3



Global Handwashing Day – Clean Hands, Healthy Lives

Objective

To help students understand the importance of hand hygiene in preventing diseases, while developing observation, inquiry, and awareness skills through guided use of the Britannica Library.



Expected Learning Outcomes

Students will:

- Understand why handwashing is important
- Identify when and how to wash hands properly
- Learn how germs spread
- Develop age-appropriate research and thinking skills
- Build responsible personal hygiene habits

Introduce the Theme

Begin with a class discussion:

- When do we wash our hands?
- What are germs? Can we see them?
- What might happen if we don't wash our hands?

Explain that **Global Handwashing Day is observed on 15 October** to promote hand hygiene and prevent the spread of diseases.

Skills & Values

Skills:

- Observation
- Research
- Critical Thinking
- Communication
- Awareness
- Decision-Making

Values:

- Personal Hygiene
- Responsibility
- Health Awareness
- Self-Care
- Cleanliness
- Respect
- Healthy Habits



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Suggested Activities by Grade Band

Grades 1–2: Wash Away the Germs!

Students begin by exploring short, age-appropriate visuals and simple readings from the **Britannica Library** to understand germs, cleanliness, and why washing our hands is an important healthy habit. Through visual observation and teacher demonstration, students learn how germs can spread and how proper handwashing can help keep them healthy.

Students explore topics such as:

- What germs are and where they can be found
- The difference between clean and unwashed hands
- Why and when we should wash our hands

You may guide them using prompts like:

- What do you notice about clean and dirty hands?
- What could happen if we eat food with unwashed hands?
- When should we wash our hands?

Students complete a Before–After Drawing Organizer by creating two pictures.

1. **BEFORE WASHING – My Hands Before:** Students draw what their hands might look like before washing.
2. **AFTER WASHING – My Clean Hands:** Students draw their hands after washing with soap and water.

Teacher Demonstration: 5 Steps of Handwashing

The teacher demonstrates the five simple steps and encourages students to follow along:

1. **Wet** – Wet hands with clean, running water and apply soap.
2. **Lather** – Rub hands together and create a good lather.
3. **Scrub** – Scrub all parts of the hands, including between the fingers and under the nails, for about 20 seconds.
4. **Rinse** – Rinse hands well under clean, running water.
5. **Dry** – Dry hands using a clean towel or air dryer.

Encourage students to practise the five steps together and identify everyday situations when handwashing is especially important, such as before eating, after using the toilet, or after coughing and sneezing.



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Name:

Date:

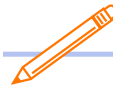


Sketch and Share

Instructions: In the box below, draw everything you know about today's topic. Include as many details as possible in your sketch. You'll have 4–5 minutes to work. Then you will share your drawing with a partner.

Topic: _____

My Sketch



Partner discussion: Share your sketch with a partner and discuss, using these questions:

- What is your sketch about?
- What is the most important idea you included?
- Is there anything you forgot to include?

Reflection: What is one new thing you learned from your partner's sketch?
